AMERICAN CENTER
PSYCHIATRY & NEUROLOGY

MEDICAL REPORT

Report Date: 15/04/2018

Patient Name	: Deema Saif Khadim Alghaith
DOB	: 15/03/2015
Nationality	: Emirati
Gender	: Female
MRN	: 42272

Assessors name: **Dr Saqib Latif**

**This report has been issued based on the request of the patient. This report will be released for his sole utilization, and the contents are private and confidential in nature. This writer/ evaluator and ACPN are not responsible for the utility and or release of report to any third party.*

The data herein is valid for a limited period of time, and due to changing and developing nature of children, the recommendations are meant for current use

Diagnosis:

F84.0 - Autistic Spectrum disorder (ASD)

F80.89 - Other developmental disorders of speech and language

Reason for referral

I reviewed Deema, 3 year old child, in my clinic on 11th April 2018 with her mother. She has been reviewed number of times by various healthcare professionals over the past few years at ACPN, and my conclusion takes into account various assessments carried out by previous colleagues. This report should be read particularly with the Psychological assessment carried out by Frederick Van Wyk on 10th January 2018.

She was brought due to social communication difficulties and I assessed her as part of the specialist Autism Spectrum Disorder (ASD) clinic, where I carried out a structured validated and standardised interview known as Dimensional, Developmental and Diagnostic interview (3DI).

On carrying out the **Autism Specific interview (3DI),** primary concerns were around her social communication difficulties, delay in development of speech. There is very little verbal

communication, she fails to respond to her name, has poor eye contact, and doesn't appear to understand simple instructions. There is no pretending during play, she is not taking an interest in other children, not using finger to point to or ask for something or to indicate interest in something. She is not playing properly with small toys, and not trying to attract others' attention to own activity. Her food variety in very limited .

There were also concerns that she was doing repetitive movements (hand-flapping), likes to hear specific songs repeatedly.

ASD Report for Deema Alghaith:

Patient number: 8
Age: 3 years 0 months

Autism Spectrum Disorder subscales:

Subscale	Deema's score	Minimum with clinical significance	Maximum on subscale
Social reciprocity	22.8	10	30
Communication	13.3	8	26
Non-verbal communication	9.3	7	14
Repetitive behaviours	2.0	3	12

Speech & Language Assessment

A referral has been made, and a separate assessment can b requested from S&L therapist.

Cognitive Assessment

See psychological report dated 10th Jan 2018.

Summary & Clinical Impression:

On the basis of the structured diagnostic interview, observational assessments and the background information, it is clear that Deema *is fulfilling the diagnostic Autism Spectrum Disorder (ASD).* Even though she is not showing clinically significant features of repetitive behaviors, she has social communication disorder, and is on the Moderate Autism spectrum. This means that she is likely to continue to struggle in the areas of social reciprocal interaction and communication with others.

She is however an intelligent girl with capabilities and strengths and it is important to support her in those areas where she is good at, for her to be able to reach her potential.

Recommendations

1. Referral to Speech & language therapy made, as she is likely to require longer term S&L therapy for helping with her receptive and expressive language disorder.

2. Behavioral Therapy in the form of Applied Behavior analysis (ABA) has been considered and can be offered again. It is clinically indicated to help manage challenging behaviors now and in the future, as they arise.

3. She will need to be followed up in this clinic to monitor her progress in mental health development, and speech and language domains.

Please do not hesitate to contact me in case of any queries.

Sincerely yours,



Dr. Saqib Latif
Consultant Child & Adolescent Psychiatry
American Center for Psychiatry & Neurology